

Week three-menu



Monday

Snack-Red peppers & celery sticks with hummus & melba toast
Lunch- Sausage & maple swede traybake
Vegetarian lunch-Quorn sausage & maple swede traybake (✓)
Pudding- Mandarin jelly with evaporated milk
High Tea-Cheese & tomato bagels (✓)
Pudding-kiwi & natural yoghurt

Tuesday.

Snack-Kiwi & bananas with rice cakes
Lunch- Cheesy tuna pesto pasta with cherry tomatoes (✓)
Pudding- White chocolate & apricot bread & butter pudding
High Tea-cauliflower, broccoli & butter bean soup with wholemeal bread rolls (✓)
Pudding-Peaches & natural yoghurt

wednesday.

Snack-Carrot sticks & tangerines with toasted muffins
Lunch- Beef & sweet potato stew with leafy greens & carrots
Vegetarian lunch-Quorn mince & sweet potato stew with leafy greens & carrots (✓)
Pudding- banana bread
High Tea-Salmon pate with red pepper sticks & melba toast (✓)
Pudding-Dates & natural yoghurt

Thursday.

Snack-kiwi & peach with plain pancakes
Lunch- Chicken pot pie with mashed potatoes
Vegetarian lunch-Quorn chicken pot pie with mashed potatoes (✓)
Pudding- Scottish cranachan
High Tea-Soft cheese with crispbreads & cucumber sticks (✓)
Pudding-Fruit salad

Friday.

Snack-Apples & cheese with crackers
Lunch- Tomato, lentil & spinach lasagne (✓)
Pudding- Courgette, lime & coconut cake
High Tea-Chicken ceaser wraps
Vegetarian High Tea-Quorn chicken ceaser wraps (✓)
Pudding-Pineapple & natural yoghurt

The nursery chef and key person will discuss dietary needs and weaning needs. We are committed to accommodating each child's individual needs and dietary requirements with a like for like meal.