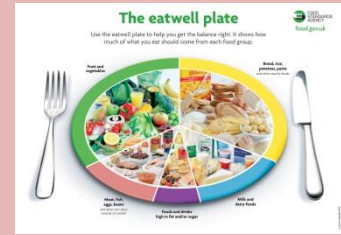


Week two- menu.



Monday

- snack- kiwi & bananas with crisp breads (breadsticks for babies)
- Lunch- vegetable, bean & beef mince chilli served with rice
- Vegetarian lunch- vegetable & bean chilli served with rice (✓)
- Pudding- Pineapple upside down cake
- High Tea- Turkey & avocado on toast
- Vegetarian High Tea- Cream cheese & avocado on toast (✓)
- Pudding- pear & yoghurt

Tuesday.

- Snack- Red pepper & celery sticks with pitta breads & hummus
- Lunch- Carrot, lentil & orange soup with a bread roll (✓)
- Pudding- Mandarin jelly with evaporated milk
- High Tea- Ham & cheese croissants with cucumber sticks
- Vegetarian High Tea- Cheese croissants with cucumber sticks (✓)
- Pudding- Peaches & natural yoghurt

Wednesday.

- Snack- Carrot sticks & soft cheese with rice cakes
- Lunch- Chicken & sweet potato curry with rice
- Vegetarian lunch- Quorn chicken & sweet potato curry with rice (✓)
- Pudding - White chocolate & apricot bread & butter pudding
- High Tea- Tuna pasta salad (✓)
- Pudding- Dates & natural yoghurt

Thursday.

- Snack- Melon & toasted muffins
- Lunch- Fish pie with peas & sweetcorn (✓)
- Pudding- Fresh fruit flan
- High Tea- Chicken & vegetable couscous
- Vegetarian High Tea- Tofu & vegetable couscous (✓)
- Pudding- Fruit salad & vanilla sauce

Friday.

- Snack- Apple, cheesy dip & bread sticks
- Lunch- Sausage, vegetable & bean casserole with garlic toast
- Vegetarian lunch- vegetable & bean casserole with garlic toast (✓)
- Pudding- Stewed pear & vanilla ice cream
- High Tea- Asparagus, pea & ham soup with bread roll
- Vegetarian High Tea- Asparagus, pea & butter bean soup with bread roll (✓)
- Pudding- Pineapple & Greek yoghurt